



# *Sabina*

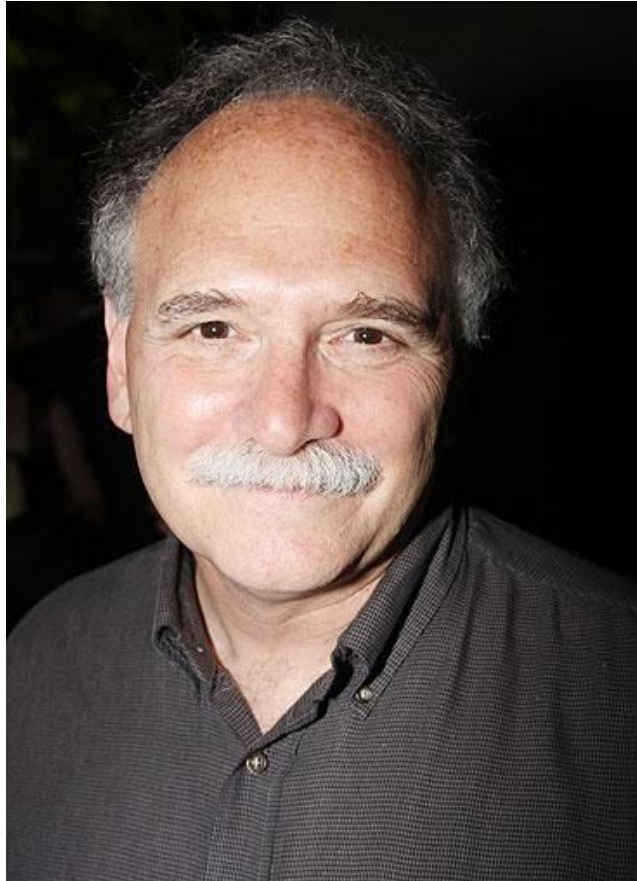
## *A New Musical*

*by Willy Holtzman, Darrah Cloud, and Louise Beach*



# *About the Play*

When Sabina Spielrein arrives at the Burghölzli Hospital as a patient in 1904, Psychologist Carl Jung sees an opportunity. He begins a correspondence with Sigmund Freud and receives Freud's blessing to use his "talking cure" as a means of treating Spielrein. Over the course of the show, Spielrein goes from being a patient to an analyst, and brings with her a novel approach of empathizing with her own patients.



*Sabina had something profound  
and eternal to say about the  
human mind. In the end, this is  
a story about love. Not just  
romantic love, but a very  
feminist experience of universal,  
communal, collective love.*

Willy Holtzman, *Sabina* book writer

*The question of “What  
does the world need now?”  
has never changed. The  
answer to that has never  
changed. We’re dealing  
with that in the play.*

Darrah Cloud, *Sabina* lyricist





*This show is a different animal from the show we had in 2020, more powerful and transcendent than I had imagined we could achieve.*

Louise Beach, *Sabina* composer

*I believe the stage is a breach  
in space and time that allows  
us to dream up new realities,  
and it also (hopefully!) provides  
us a glimpse into the collective  
subconscious.*

Danilo Gambini, *Sabina* co-director







*I have known this piece and these writers for 17 years, since they were first developing the piece! I have seen and engaged in many iterations of the piece over the years and have watched, with great admiration, the great collaboration, the fierceness, and the commitment of these three writers.*

Daniella Topol, Sabina co-director



*“Essentially, one might say, the cure  
is affected by love.”*



Sigmund Freud in a letter to Carl Jung



# *Sabina Spielrein*

*November 7, 1885 - August 1942*

Spielrein was a Russian physician and psychoanalyst. Following the death of her sister Emilia, she experienced mental health issues which resulted in hospitalization. After beginning treatment with Dr. Carl Jung, Spielrein improved rapidly and was able to apply for medical later that year. She made countless contributions to the field of psychology and published over 35 papers in German, French, and Russian.





# Carl Gustav Jung

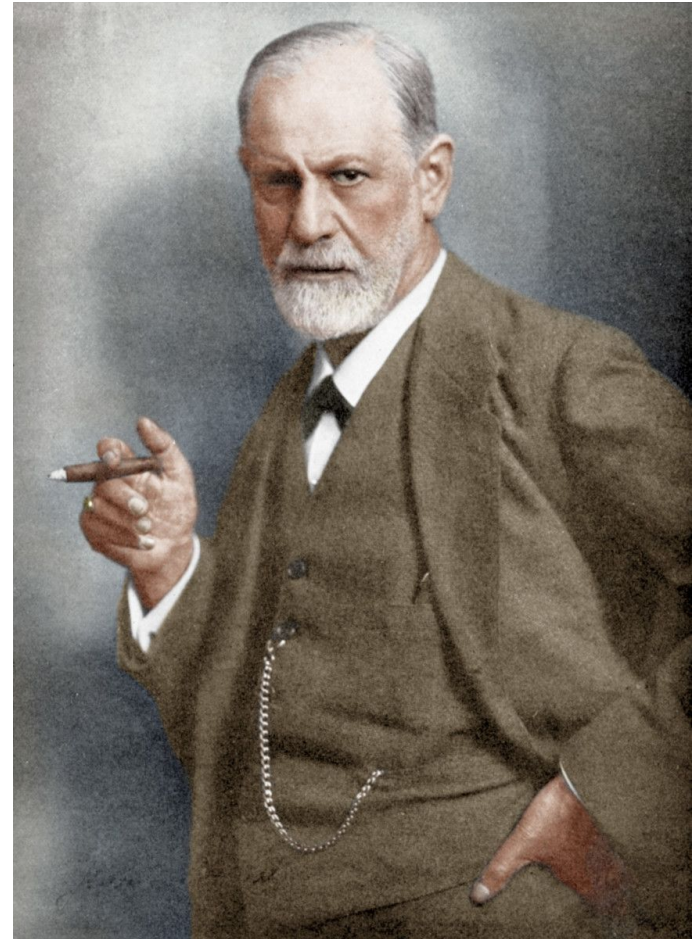
*July 26, 1875 – June 6, 1961*

Jung was a Swiss psychiatrist who founded analytical psychology. Although he was one of the first psychiatrists to employ Freudian psychoanalysis on patients, in 1912 he began to break from Freud after publishing *Psychology of the Unconscious*. In this book, Jung disputed some of Freud's most famous theories.

# Sigmund Freud

*May 6, 1856 – September 23, 1939*

Freud was an Austrian neurologist best known for developing and founding the practice of psychoanalysis. His books *The Interpretation of Dreams* (1900) and *The Ego and the Id* (1923) are two examples of his writing that remain notable texts in the field today.





# *Ludwig Binswanger*

*April 13, 1881 - February 5, 1966*

Binswanger was a Swiss psychiatrist known for his work in the field of existential psychology. He believed that many psychological issues developed as a result of a distorted self-image, and treated patients by helping them establish a complete and independent sense of self who has unique interactions with the larger world.

# Emma Jung

*March 30, 1882 – November 27, 1955*

Jung was a Swiss psychoanalyst. In 1916, she was named as the first president of the Psychology Club of Zürich. Jung began working as an analyst in 1930, and is remembered for approaching the practice of psychoanalysis with an awareness of the female psyche. This is notable because of the sexism present in the male-dominated field during her time.





*“When I die, I want my  
ashes spread right here,  
with a stone that says ‘I too  
was once a human being.’”*

Journal entry by Sabina Spielrein during her  
hospitalization at the Burghölzli, 1904.







Sabina Spielrein (left) with her mother and sister.



Emma and Carl Jung, 1903.





Sigmund Freud (front left) and Carl Jung (front right) during their trip to Clark University, 1909.





View over Zürich from the Uetliberg Mountain.





Illustration of the Burghölzli Hospital.



Freud's office at Berggasse 19, Vienna, Austria.







Pages from Jung's *Red Book*, a compilation of his fantasies originally recorded by Jung in a series of notebooks and then published in 2009.





*"But more important for us today, is to understand how this woman, no longer willing to wait for a hero, becomes a hero herself. And so as healers, we dare not play God. Each of us must place God within the individual mind. This is soul. This is heaven on earth. The elegant threshold be-death. This is love. I was here. Here. This is my case history. My story. I am Sabina Nikolayevna Spielrein."*

Sabina, Sabina

